

22<sup>nd</sup> May 2020

Information on Employment Opportunities  
Education & Training Courses  
throughout West Limerick



**West Limerick Resources**

JOBSEEKERS NEWSLETTER

069 622 22

[www.wlr.ie](http://www.wlr.ie)

St Marys Road, Newcastle West

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West Limerick Resources

AT THE SERVICE OF THE COMMUNITY DURING COVID-19

**Our Social Inclusion, Employment Services and Community Development Teams are working for you and your community right now.**

COVID 19

idn IRISH LOCAL DEVELOPMENT NETWORK



EUROPEAN UNION  
Investing in your Future  
European Social Fund



Rialtas na hÉireann  
Government of Ireland



The Social Inclusion and Community Activation Programme (SICAP) 2018 - 2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employmentability, Inclusion and Learning (PEIL) 2014 - 2020

# RURAL EMPLOYMENT SERVICE

To support the government's program to slow the spread of Covid-19 the Rural Employment Service will not be meeting face to face with new or current clients until further notice.

If you wish to speak to someone from the service please contact:

Finn Fitzgerald  
ffitzgerald@wlr.ie  
087 759 1951

Adrienne O'Connell  
aoconnell@wlr.ie  
087 277 3294

Eddie O'Shaughnessy  
eoshaughnessy@wlr.ie  
087 653 5156

Dee Collins  
dcollins@wlr.ie  
087 918 5557



Ireland's European Structural and  
Investment Funds Programmes  
2014-2020

Co-funded by the Irish Government  
and the European Union



EUROPEAN UNION

Investing in your Future

European Social Fund



Rialtas na hÉireann  
Government of Ireland



Social Inclusion &  
Community Activation  
Programme

The Social Inclusion and Community Activation Programme (SICAP) 2018 - 2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employability, Inclusion and Learning (PEIL) 2014 - 2020



RURAL EMPLOYMENT SERVICE

**FOLLOW US ON  
FACEBOOK**

<https://www.facebook.com/RES-144618922850869/>

**EMPLOYMENT & TRAINING OPPORTUNITIES  
AND INFORMATION POSTED DAILY**

# INFORMATION RE DEASP PAYMENTS DURING COVID-19

The Department of Employment Affairs and Social Protection have a range of measures to provide income support to people affected by COVID-19 (Coronavirus)

For the latest information log onto [www.gov.ie/deaspcovid19](http://www.gov.ie/deaspcovid19) or click on the link below

<https://www.gov.ie/en/campaigns/4cf0e2-covid-19-coronavirus-information-for-employers-and-employees-test/?referrer=/en/publication/0b6a34-advice-for-employers-and-employees/>

The screenshot shows the gov.ie website with a dark green header. The navigation menu includes 'Departments', 'Consultations', 'Publications', 'Policies', 'Language', and a search icon. The main heading is 'COVID-19 Information for Employers and Employees'. Below this, there is a paragraph: 'The Department of Employment Affairs and Social Protection have a range of measures to provide income support to people affected by COVID-19 (Coronavirus).' and a link: 'LATEST UPDATES on COVID-19 (Coronavirus) from DEASP.' The content area features six tiles with images and text: 1. 'Information for employers' with an image of hands writing on a document. 2. 'Information for employees and the self-employed' with an image of a woman in an apron working in a shop. 3. 'Apply for the COVID-19 Pandemic Unemployment Payment' with an image of a hand filling out a form titled 'COVID Pandemic Unemployment Payment'. 4. 'Apply for Illness Benefit for COVID-19 absences' with an image of a computer monitor and keyboard. 5. 'Social Welfare COVID-19 Contacts' with an image of hands using a smartphone. 6. 'Apply online with MyWelfare.ie' with a dark blue background and the MyWelfare.ie logo.

## CURRENT JOB VACANCIES - NEWSPAPERS



**WANTED  
EXPERIENCED  
PAINTERS**

**Immediate start in the Limerick/Munster Area.  
Valid Safe Pass/Manual Handling**

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**Send CV to: [info@obp.ie](mailto:info@obp.ie)  
[www.obrienpaintingandmaintenance.ie](http://www.obrienpaintingandmaintenance.ie)**



**MACHINE OPERATIVES**

We are looking for Machine Drivers experienced operating 360 Excavators with 5 plus years.

- Must have valid CSCS, Safe Pass.
- Must be experienced working safely in close proximity to services and other machines.

**TRACTOR/DUMPER DRIVERS**

- Experience Essential.
- Must have valid licence, CSCS and Safe Pass

**GROUND WORKERS**

- Experience Essential.
- Must have safe pass and manual handling.

These positions are required for our current project based in Croom, Co. Limerick.

Please apply with a CV to: [info@kennycivils.ie](mailto:info@kennycivils.ie)  
or by post to Kenny Civils & Plant Ltd, Lismany,  
Lawrencetown, Ballinasloe, Co. Galway.

Tel: 090 - 9685910



Weener Plastics Packaging Group offers tailor-made packaging solutions as well as innovative standard products that can be rolled-out to other countries and continents. Our global network of production facilities enables us to deliver a consistent and professional service that we need to fulfil our customer requirements. With 29 production locations globally across 19 countries employing 4,700 employees. We offer the following apprentice opportunities in our Dromcolliher facility:

## APPRENTICESHIP ON OFFER

# Bachelor Of Science: In Polymer Processing Technology

This is a three (3) year apprenticeship programme with Weener Plastics, Dromcolliher. 70% of the time is spent on the job and the remaining 30% is spent in the Athlone Institute of Technology (AIT).

### JOB PROFILE:

The Polymer Processing Technologist will be responsible for the efficient set up and operation of polymer processing lines in the fields of injection moulding, blow moulding or extrusion for the production of plastic components.

### ENTRY REQUIREMENTS:

Leaving Certificate (or equivalent), Grade 6 at ordinary level in 5 subjects, 2 of which must be maths and a language (English or Irish). This criteria does not apply to over 23s but all applicants will follow company and SOLAS recruitment procedures.

### COURSE OUTLINE:

Year 1	Year 2	Year 3
Polymer processing	Polymer processing	Polymer processing
Maths and Eng. Science	Maths and Eng. Science	Maths and Eng. Science
Workshop and Metrology	Workshop and Metrology	Workshop and Metrology
Materials	Materials	Materials
ICT & Communications, Learning to Learn	Quality & Good Manufacturing Practice	ICT & Communications, Learning to Learn
Quality & Good Manufacturing Practice	Automation and control	Automation and control
CAD & Mould Design	CAD & Mould Design	On the job
On the job	On the job	

Some of the modules listed above contain an on-line element.

You can find more information via this link:

<http://www.apprenticeship.ie/en/apprentice/Brochures/Engineering/PolymerProcessingTechnologyApprenticeshipBrochure.pdf>

If you are interested in any of these apprenticeships and would like to register your interest, please email a copy of your Cover Letter and CV to [hr.ie@wppg.com](mailto:hr.ie@wppg.com)

### BENEFITS OF THE ROLE(S)


Our employees contribute to the success and continuity of the company. We offer our people personal growth and a rewarding career by training and education programs, international job opportunities and a solid employment package in a sound work environment.

# CURRENT JOB VACANCIES – ONLINE

## Vacancies – jobsireland.ie

Healthcare Assistant - Limerick

Ref: #JOB-2145180


 No of positions: 1

 Limerick, County Limerick, Ireland

Comfort Keepers help older people to remain safe and happy in their own homes. PLEASE TRUST THAT ALL OF OUR RECRUITMENT PROCESS AND CARE WORK IS FULLY IN LINE WITH COVID GUIDELINES TO PROTECT ALL OUR CLIENTS, STAFF AND TO PLAY OUR PART NATIONALLY.

Blocklayers

Ref: #JOB-2145093


 No of positions: 7

 Abbeyfeale, Abbeyfeale West, County Limerick, Ireland

Required for construction work in the Abbeyfeale and Clomel areas. Previous experience essential. Valid Safe Pass or equivalent required. Own transport preferred. Phone Paddy on 0876419122 for interview arrangements.

Roofing Carpenter

Ref: #SEMP-2145078


 No of positions: 2

 Limerick, County Limerick, Ireland

Suitable candidate will ideally have 2 years experience and will have own transport and tools, Safe Pass, Manual Handling, Abrasive Wheel, MEWP(Scissors and Boom) and Harness Safety for MEWP. However training can be provided in circumstances where a candidate is deemed suitable. Experience in worki...

Chef de Partie

Ref: #JOB-2144989

 No of positions: 1

 Rahina, Rahina, County Limerick, Ireland

Chef de Patrie required to cater for residents in Nursing Home.

2 years experience essential. Location: Barnacyle Nursing Home Ltd., Clarina, Co. Limerick. 39 Hours P/W. Salary €30,000 P/A.

Job Duties: Prepare all food items as directed in a timely manner; Follow recipes and presentation specifi...

For additional vacancies and for further details on positions shown visit  
[www.jobsireland.ie](http://www.jobsireland.ie)



## Vacancies - indeed.ie

### **Cleaning Operative**

Grant & O'Brien Cleaning Services  
Newcastle West, County Limerick

- Office cleaner required for Newcastlewest Area.
- Job Types: Part-time, Contract.

### **Front of House**

MCR GROUP 3.2 ★  
Limerick

- You will be responsible for consistently serving customers by providing the human touch by answering every call and greeting guests in a professional, friendly...

### **General Labourer**

Connect Recruitment 3.1 ★  
Tobar Phádraig, County Limerick

- At least 1-2 years' experience working as a labourer on large construction/civil engineering projects using tools.
- Valid manual handling cert (Preferable).

### **Homecare Assistant Abbeyfeale**

### **Homecare Assistant Askeaton**

### **Homecare Assistant Athea**

Myhomecare  
Limerick

- To apply, please email your updated CV to recruitment@myhomecare.ie or call 1800 400 900 for more information, quoting the following Job order number: JO-1907...

### **Production Operator**

Weener Plastics Ltd  
Dromcolliher, County Limerick

- In addition to the expectation that you deliver outstanding operative work, you are required to commit to the following 'WPPG top three priorities':

### **Sales Advisor**

Sitel 3.5 ★  
Limerick

- We are a people-driven, diverse company who does one thing really well - we deliver millions of great experiences every day for some of the world's best known...

### **Scaffolder**

Clareco Scaffolding Ltd  
Limerick

- Scaffold Building: 1 year (Required).
- Experienced Scaffolder's Basic & Advanced wanted for Limerick/Clare.
- Job Types: Full-time, Permanent.

### **Warehouse Operative/Forklift Driver**

World Of Tiles  
Limerick

- Assist head office and your store Manager with any queries..
- Salary: €22,000.00 to €26,000.00 /year.
- Expected start date: 1/6/2020.

€22,000 - €26,000 a year

For additional vacancies and for further details on positions shown visit  
[www.indeed.ie](http://www.indeed.ie)

# Vacancies – Live 95fm

## Trainee Accountants

Commencing in Summer 2020 we have opportunities for two dynamic ACCA/CPA/CAI/Accounting Technician students seeking to pursue an accountancy qualification. Our ACCA platinum approved student training programme is of a three year duration and includes paid study leave, hands-on work experience and continuous feedback as your experience progresses.

Your experience will encompass all major accounting and finance disciplines including audit and assurance, financial reporting and taxation and you will be working on a wide portfolio of cases as you progress your academic qualification. Training contracts are available for candidates graduating in 2020 with a suitable business, finance or accounting degree.

Applications which should consist of your CV and a covering letter can be submitted by e-mail, post or hand delivered to – Adrian McKenna, HR Partner, Moore McNamara, Pamdohlen House, Dooradoyle Road, Limerick E-Mail – amckenna@mooremcnamara.ie

## Road Sweeper Operator

CMP Road Planing Ireland is seeking to recruit an experienced Road Sweeper Operator to join our Limerick Based Depot.

Experience in Left Hand Driving or similar role an advantage but not essential as full training will be provided to the ideal candidate. Must have Full Clean Drivers License.

Please see <https://www.jobsdonedeal.ie/drivers-agriculture-labour-cleaner/36882-road-sweeper-operator> for further details

## Night Warehouse Supervisor

Busy Transport Company seeking a Warehouse Supervisor for nights.

Key Requirements:-

Nightly management of planned routes for next day deliveries

Supervising of warehouse staff

Reporting any discrepancies in freight to office.

Completed hand over to next shift staff

Have computer knowledge in this specific field

Fluency in English

Contact Geraldine 0868299794

## Part Time Accounts Manager

We are seeking an experienced accounts manager to fill a part time role in a busy facilities company.

Role Includes:

Maintaining & reconciling accounts records- used for revenue returns & for year-end accounts submission to external accountants.

Reconciling company bank account & providing a regular dashboard report.

Processing weekly wages.

Generating all on-line banking payments.

Completion of revenue returns for VAT, PRSI/PAYE/USC & RCT.

Issuing quotations & invoices and chasing overdue accounts.

Dealing with email & telephone queries from customers, suppliers etc.

Any other reports, spreadsheets, etc. required on ad hoc basis. Please email your CV to [info@obrienfacilities.com](mailto:info@obrienfacilities.com)

## Construction Workers

We are looking for experienced workers with a Mechanical background to help welders and pipefitters on a job in Raheen an early start fire watching cert would be an advantage. Own transport safe pass and manual handling have to be up to date references required. Please send your CV to [tim@hamiltonfrench.com](mailto:tim@hamiltonfrench.com) or call 0871650527

For additional vacancies and for further details on positions shown visit

[www.live95fm.ie](http://www.live95fm.ie)

## Vacancies - ActiveLink

Activelink is an online network for Irish community and non-profit organisations and those interested in this sector. It provides information on jobs, tenders, volunteering, events, fundraising, training, publications and funding in these sectors.

<u>Title</u>	Region	<u>Listed</u> ▼	<u>Expiry Date</u>
<u>Society of Saint Vincent de Paul (Midwest): Information Support Officer</u>	Limerick	21/05/2020	05/06/2020
<u>Cheshire Ireland: Covid-19 Staff Nurses - Donegal &amp; Newcastle West (Limerick)</u>	Co Donegal & Co Limerick	20/05/2020	20/07/2020
<u>Brothers of Charity Services Ireland: Covid-19 Support Worker</u>	Limerick City & County	23/03/2020	23/05/2020
<u>Limerick Youth Service: Youth Worker Team Lead</u>	Limerick	12/03/2020	29/05/2020

For additional vacancies and for further details on positions shown visit  
[www.activelink.ie/content/vacancies/list](http://www.activelink.ie/content/vacancies/list)

# CURRENT JOB VACANCIES – Employment Support Schemes

## Vacancies - Tús

The Tús initiative is a community work placement scheme providing short-term working opportunities for unemployed people. The work opportunities are to benefit the community and are provided by community and voluntary organisations.

To be eligible to participate in the Tús scheme you must:

- Have been continuously unemployed for at least 12 months and "signing on" on a full-time basis; and
- Have been receiving a jobseeker's payment (Jobseeker's Benefit or Jobseeker's Allowance) from the Department of Social Protection for at least 12 months; and
- Be currently receiving Jobseeker's Allowance

Tus placements are organised thru the DSP, however you can also **self-refer**.

For further information contact the Tús office on 069 77752.

If you would like support to apply for a Tús position call Dee at West Limerick Resources on 069 62222.

Placement Location	Area	Description of Work
Abbey AFC	Abbeyfeale	Club and grounds maintenance
Sue Ryder Charity shop	Abbeyfeale	Retail
SVDP Charity Shop	Abbeyfeale	Retail
Clonshire	Adare	Horses/ Dogs
Adare Golf Club	Adare	Maintenance / Grass cutting etc.
Adare Manor Fields	Adare	General Maintenance / Caretaker
Kilcolman Community Creche	Ardagh	Administration
Kilcolman Community Creche	Ardagh	Maintenance/Grass Cutting etc
Newcastle West Golf Club (Ardagh)	Ardagh	Administration
Newcastle West Golf Club (Ardagh)	Ardagh	Maintenance
West Limerick Resources Hub	Askeaton	Support Worker
Athea Tidy towns	Athea	Village upkeep and tidy towns work
Ballyhahill Village	Ballyhahill	Village upkeep and tidy towns work
Ballyhahill GAA Club	Ballyhahill	Club and grounds maintenance
Castlemahon Comm. Dev	Castlemahon	Maintenance / Grass cutting etc.
Ballyhahill Village	Ballyhahill	Village upkeep and tidy towns work
Ballyhahill GAA Club	Ballyhahill	Club and grounds maintenance
Ballysteen Sportsfield	Ballysteen	General Maintenance
Ballysteen Tidy Towns	Ballysteen	Village upkeep & tidy towns work
Clarina Resource Centre	Clarina	Upkeep of Community Centre
An t-Ionad Glas Organic College	Dromcollogher	Maintenance / Grass cutting etc.
Dromcollogher Day Centre	Dromcollogher	Cleaner
Dromcollogher GAA Pitch	Dromcollogher	Maintenance / Grass cutting etc.

## Vacancies - Tús

Placement Location	Area	Description of Work
Brothers of Charity, Feohanagh	Feohanagh	Support Activities
Brothers of Charity, Feohanagh	Feohanagh	Driver/Maintenance
Foynes & District Community Council	Foynes	General Maintenance/ Caretaker
Brothers of Charity	Foynes	Support Worker
Brothers of Charity	Foynes	Care Assistant
Glin Development Association	Glin	Village upkeep and tidy towns work
Glin GAA	Glin	Club and grounds maintenance
Bleach Lough	Kildimo	Maintenance / Grass cutting etc.
Kildimo Comm. Dev.	Kildimo	Tidy village / Hall Caretaker / Grass cutting
Kilfinny Comm. Dev.	Kilfinny, Adare	Tidy village / Hall Caretaker / Graveyard maint.
Kilmeedy After School	Kilmeedy	Child Care support for After Schools
Knockaderry Comm. Dev.	Knockaderry	General Graveyard Maintenance / Tidy Towns
Loughill Dev. Association	Loughill	General Maintenance / Caretaker
Mountcollins Community Hall	Mountcollins	Hall maintenance
Back2New Community Upcycling	Newcastle West	Upcycling furniture/fabric
Back2New Community Upcycling	Newcastle West	Office administration/photography
Cluid Housing	Newcastle West	Building Maintenance / Garden Maintenance
Desmond Complex	Newcastle West	Cleaner/Kitchen role
Desmond Complex	Newcastle West	Meet and Greet role
Desmond Complex	Newcastle West	Maintenance / Grass cutting etc.
Brothers of Charity, NCW	Newcastle West	Driver/Maintenance
Desmond Crèche	Newcastle West	Childcare support worker
Mobile Squad	Newcastle West	General Maintenance
Newcastlewest AFC Club	Newcastle West	Maintenance / Grass cutting etc.
Newcastlewest St David's G/Yard	Newcastle West	General Graveyard Maintenance / Caretaker
NCW Mens Shed	Newcastle West	Caretaker
SVDP Charity Shop	Newcastle West	Retail
NCBI Charity Shop	Newcastle West	Retail
West Limerick 102fm	Newcastle West	Radio Programming / Research
Rathfredagh Cheshire Home	Rathfredagh/Castlemahon	Maintenance
Rathfredagh Cheshire Home	Rathfredagh/Castlemahon	Support Activities
Vincent's Charity shop	Rathkeale	Sales Assistant
Tournafulla Community Centre	Tournafulla	Cleaner

## Vacancies – Community Employment (CE)

Community Employment (CE) Scheme positions are developmental opportunities and no prior experience is necessary. Accredited training will be provided to you during your placement. Position details are advertised on [www.jobsireland.ie](http://www.jobsireland.ie)

Please contact your local DSP Employment Services/Intreo Office to check your eligibility and to apply for a vacancy. Eligibility to participate on CE is generally linked to those who are 21 years or over for the Childcare, Health & Social Care sectors and 25 years or over for all other areas. Applicants must be in receipt of an Irish social welfare payment for 1 year or more. Further information regarding the CE Scheme is also available on the Citizens Information website

Location	Job Title	Organisation/Venue	Job Ref. Number
Abbeyfeale	Groundsperson	Fr Caseys Templeglantine GAA	CES 2132668
Abbeyfeale	Sports Grounds Worker	Fr Caseys Templeglantine GAA	CES 2132667
Abbeyfeale	Administrator	Fr Caseys Templeglantine GAA	CES 2127857
Adare	Residential Care Home Worker	Alzheimer Society of Ireland	CES 2136335
Adare	Administrator	Alzheimer Society of Ireland	CES 2136324
Ardagh	General Maintenance	Ardagh Development Co. Limited	CES 2135130
Ballingarry	Environmental Worker	Glenquin Connello Development	CES 2132958
Ballingarry	Groundsperson	Glenquin Connello Development	CES 2132080
Ballingarry	House Keeper	Glenquin Connello Development	CES 2133733
Ballybrown	Groundsman/Caretaker	Limerick GAA Jobs Creation Centre	CES 2111099
Broadford	Kitchen Assistant	Broadford	CES 2110021
Broadford	Childcare Assistant	Broadford	CES 2122405
Coolcappagh	Maintenance Person	Ardagh Development Co. Limited	CES 2120537
Creeves	General Operative	Ardagh Development Co. Limited	CES 2127930
Dromcollogher	Childcare	Dromcollogher	CES 2121237
Dromcollogher	Driver	Dromcollogher/Broadford CE Scheme Dromcollogher Health Centre	CES 2132225
Dromcollogher	Environmental Worker	Dromcollogher/Broadford CE Scheme Broadford	CES 2120907
Dromcollogher	Environmental Worker	Dromcollogher/Broadford CE Scheme Dromcollogher	CES 2117567
Dromcollogher	Environmental Worker	Dromcollogher/Broadford CE Scheme Raheen	CES 2118571
Dromcollogher	Day Care Worker	Dromcollogher/Broadford CE Scheme Dromcollogher Enterprise Centre	CES 2120905

For additional vacancies and for further details on positions shown visit [www.jobsireland.ie](http://www.jobsireland.ie)

## Vacancies – Community Employment (CE)

Location	Job Title	Organisation/Venue	Job Ref. Number
Garryowen	Care Worker	Alzheimer Society of Ireland	CES 2136308
Garryowen	Childcare Assistant	St Johns Preschool	CES 2110023
Glin	Maintenance Worker	Glin Homes for the Elderly Ltd	CES 2134229
Mungret	Driver/Escort	Enable Ireland	CES 2131037
Rathfredagh	Driver	Rathfredagh Cheshire Home	CES 2134204
Rathkeale	Soccer Grounds Maintenance Person	Rathkeale Community Council Development Assoc Ltd	CES 2135839
Rathkeale	Caretaker for Handball Club	Rathkeale Community Council Development Assoc Ltd	CES 2135853
Rathkeale	General Maintenance Person	Rathkeale Community Council Development Assoc Ltd	CES 2135849

For additional vacancies and for further details on positions shown visit [www.jobsireland.ie](http://www.jobsireland.ie)

**LOOKING FOR WORK?**

Follow Rural Employment Service (RES)  
for daily updates on  
job vacancies and training opportunities  
throughout West Limerick (& beyond!)

<https://www.facebook.com/RES-144618922850869/>

# CURRENT COURSES / TRAINING OPPORTUNITIES

Due to the current Covid-19 situation please check the following websites regarding education and training courses

[www.fetchcourses.ie](http://www.fetchcourses.ie)

[www.learningandskills.ie](http://www.learningandskills.ie)

[www.lcetb.ie](http://www.lcetb.ie)

## Limerick & Clare Education & Training Board

If you've got more time on your hands during the COVID19 emergency, perhaps you're thinking of undertaking an online Further Education and Training course?

The LCETB Information, Recruitment and Guidance Support Service is here to help and ready to take your call. The team can provide you with info on courses currently available, including those online. They can also support you to make informed choices around your education, training, career and employment opportunities.

Call the team today on FREEPHONE 1800 70 70 77.

Leave a short message and they will get right back to you. They are also online. Fill up the enquiry form on the website [learningandskills.ie](http://learningandskills.ie) or send an e-mail to [coursechoices@lcetb.ie](mailto:coursechoices@lcetb.ie)

 Bord Oideachais & Oiliúna  
**LUIMNIGH & AN CHLÁIR**  
LIMERICK & CLARE  
Education & Training Board

**Stuck at home and  
thinking about what  
courses you could do?**



**OUR INFORMATION  
AND GUIDANCE  
TEAM IS HERE TO HELP**



## EST LIMERICK RESOURCES SERVICES

As a result of the escalating situation regarding the Coronavirus, all West Limerick Resources events, training courses, workshops and face-to-face meetings are postponed until further notice.

Staff are available to respond to clients and community groups by email or phone in relation to WLR work and projects.

Please follow West Limerick Resources on Facebook for up to date information.

Shay Riordan	WLR Manager	069 62222	sriordan@wlr.ie
Dearbhla Conlon Ahern	SICAP Co-ordinator	087 675 0869	dconlon@wlr.ie
Suzanne Rowley	RDP (Leader) Co-ordinator	086 306 8202	srowley@wlr.ie
Tom Wilmoth	RSS & Tus Co-ordinator	087 932 9469	twilmoth@wlr.ie
Michaela Donegan	Back2New Community Upcycling	087 272 7742	upcycling@wlr.ie
Niamh Keating	Primary Health Care Project	087 431 8983	nkeating@wlr.ie
Helen Larkin	Jobs Club	087 147 2330	hlarkin@wlr.ie
Denis Robinson	Pre Social Cohesion Development Officer, Rathkeale	087 273 9663	robinson@wlr.ie
Paul Moriarty	Limerick Volunteer Centre	087 738 7487	pmoriarty@wlr.ie
James Lenell Ledwith	Social Farming Regional Network Development Worker	087 366 3842	jledwith@wlr.ie
Kathleen Mulvihill	RCCN Housing	086 449 2286	rccnhousing@yahoo.ie

## WEST LIMERICK COMMUNITY SUPPORTS - INTERACTIVE MAP

In response to requests and enquiries we have compiled a localised interactive map which can help communities identify where Community Response Teams are in place and the Volunteers associated with the support.

<https://maphub.net/West-Limerick-Resources-CLG/map>

We would welcome all of you to contact us if your group is not showing on the map or if you wish for your information to be included or updated.

Contact Damien Ahern  
SICAP Community Development Officer  
087 904 2477

damien.ahern@wlr.ie

or by contacting us through our WLR Facebook Page

Please feel free to share this map link across your contacts.



# WEST LIMERICK RESOURCES

## *Weekly Schedule*



Videos will be published at 10am daily on the  
West Limerick Resources Facebook Page & Youtube Channel

**MONDAY**  
**MAY 25TH**

### FAKE AWAY MEAL

In this video Maeve gives you step by step instructions on a new take on a classic, A Chicken Burger. This easy recipe would be a perfect lunch or dinner for a hungry family. Enjoy.

**TUESDAY**  
**MAY 26TH**

### BORROW BOX

This video is about the BorrowBox app, a free resource from your local library, where you can read a wide range of eBooks and eAudioBooks for free.

**WEDNESDAY**  
**MAY 27TH**

### MANAGING SCHOOLWORK DURING DURING COVID-19

This covers strategies and guidance for parents in relation to dealing with homework and planning how the children use the time available to them while at home.

**THURSDAY**  
**MAY 28TH**

### QUICK CRAFTS

Get making with Quick Crafts. Family fun creating with objects you have around the home or that can easily be found at your local supermarket or Euro store

**FRIDAY**  
**MAY 29TH**

### FUN FAMILY COOKERY

This week we're making delicious homemade chicken nuggets and goujons - easy, straightforward and simple, using just a few ingredients.

## RES - Rural Employment Service

The RES is a free & confidential service providing advice and support for people who seeking employment and/or education/training opportunities

- Developing a career plan
- Help & support in preparing a CV and getting ready for interviews
- Help to improve social skills and promote personal development
- Support in looking and applying for education/training opportunities
- Help & support in starting a business and applying for Back to Work Enterprise Allowance or Short-Term Enterprise Allowance

**Outreach service available to meet clients in Newcastle West, Abbeyfeale, Rathkeale, Askeaton and Glin**

### **Finn Fitzgerald**

Advocate/Employment Officer  
069 61316 or 087 759 1951  
ffitzgerald@wlr.ie

### **Adrienne O'Connell**

Advocate/Education Officer  
069 62222 or 087 277 3294  
aoconnell@wlr.ie

### **Eddie O'Shaughnessy**

Advocate/Youth Employment  
069 61316 or 087 653 5156  
eoshaughnessy@wlr.ie

### **Dee Collins**

Advocate/Education & Employment Officer  
069 62222 or 087 918 5557  
dcollins@wlr.ie



## Enterprise

### Are you interested in Starting Your Own Business?

If you are getting certain social welfare payments and you would like to become self-employed, the **Back to Work Enterprise Allowance (BTWEA)** lets you keep a portion or all of your payment for up to 2 years while you establish your business. To determine if you are eligible for the scheme, contact your Jobs Facilitator at your local Department of Social Protection office.

Once eligibility is confirmed, West Limerick Resources will assist you with your BTWEA application. You will also be advised on creating a business plan, tax registration, obtaining insurance etc.

A Start Your Own Business Course and additional training is also provided free of charge including:

- Steps to Starting a Business
- Market Research and Preparing a Marketing Plan
- Bookkeeping Basics for Small Business Start-ups
- Health and Safety Statements, Legislation & Guidelines
- Social Media Solutions for Small Business

For further information contact:

### **Brenda Heath**

Enterprise Officer  
06966297  
bheath@wlr.ie



## Jobs Club

The Jobs Club works with "**job ready**" people who seek training and advice on job seeking skills.

This free service will help you to plan, actively seek and secure realistic work opportunities by providing individual or group support and guidance sessions in all areas relating to looking for a job, particularly the preparation of CV's, cover letters and interview techniques.

The club is open to unemployed people of all ages and works with a wide range of people from all backgrounds.

Jobs Club membership is FREE and CONFIDENTIAL.

This is a Department of Social Protection service, fully funded by the Department, and delivered under contract for and on behalf of the Department.

For further information contact

**Helen Larkin**  
069 77664  
087 147 2330  
hlarkin@wlr.ie

**Nicole Seaward**  
069 77664  
087 147 2330  
nseaward@wlr.ie



**An Roinn Gnóthaí Fostaíochta  
agus Coimirce Sóisialaí**  
Department of Employment Affairs  
and Social Protection

Job Clubs are funded by the Irish Government through the  
Department of Employment Affairs and Social Protection

Tá Clubanna Poist maoinithe ag Rialtas na hÉireann tríd an Roinn Gnóthaí Fostaíochta agus Coimirce Sóisialaí

## Interested in Volunteering?

Volunteering gives you the opportunity to gain experience and develop new skills while helping your community. Your jobseekers allowance will not be affected if you volunteer, as long as you remain available to take up paid employment.

A full list of volunteering opportunities is available on [www.volunteerlimerick.ie](http://www.volunteerlimerick.ie)

For further information contact

Paul Moriarty: [pmoriarty@wlr.ie](mailto:pmoriarty@wlr.ie) or [paul@volunteerlimerick.ie](mailto:paul@volunteerlimerick.ie)

Geraldine Clancy: [gclancy@wlr.ie](mailto:gclancy@wlr.ie)

Phone: 087 7387481



**volunteer centre**  
Ionad d'Obair Dheonach Luimneach  
LIMERICK

# GENERAL INFORMATION

## JOB SEARCH SITES

[www.jobsireland.ie](http://www.jobsireland.ie)  
[www.staff.ie](http://www.staff.ie)  
[www.monster.ie](http://www.monster.ie)  
[www.irishjobs.ie](http://www.irishjobs.ie)  
[www.activelink.ie](http://www.activelink.ie)  
[www.spunout.ie](http://www.spunout.ie)  
[www.jobsearch.ie](http://www.jobsearch.ie)  
[www.careerjet.ie](http://www.careerjet.ie)  
[www.limerickjobs.ie](http://www.limerickjobs.ie)  
[www.jobalert.ie](http://www.jobalert.ie)

[www.jobs.ie](http://www.jobs.ie)  
[www.jobsabroad.ie](http://www.jobsabroad.ie)  
[www.computerjobs.ie](http://www.computerjobs.ie)  
[www.dole.ie](http://www.dole.ie)  
[www.indeed.ie](http://www.indeed.ie)  
[www.jobsmarket.ie](http://www.jobsmarket.ie)  
[www.adverts.ie/jobs](http://www.adverts.ie/jobs)  
[www.employee.ie](http://www.employee.ie)  
[www.jobhunter.ie](http://www.jobhunter.ie)

## RECRUITMENT AGENCIES

[www.haysrecruitment.ie](http://www.haysrecruitment.ie)  
[www.unijobs](http://www.unijobs)  
[www.frsrecruitment.ie](http://www.frsrecruitment.ie)

[www.ireservies.ie](http://www.ireservies.ie)  
[www.cpl.ie](http://www.cpl.ie)  
[www.richmendrecruitment.ie](http://www.richmendrecruitment.ie)  
[www.recruitmentplus.ie](http://www.recruitmentplus.ie)

## JOBS CLUBS

**West Limerick Jobs Club**  
St. Mary's Road  
Newcastlewest, Co. Limerick  
Work Tel +353 (0)69 77664  
Email [hlarkin@wlr.ie](mailto:hlarkin@wlr.ie)

**Limerick Jobs Club / Les Jobs Club**  
Unit 4, Tait Business Centre  
Dominic Street, Limerick  
Work Tel +353 (0)61 311742  
Email [ckennedy@les.ie](mailto:ckennedy@les.ie)

## GENERAL INFORMATION

[www.intreo.ie](http://www.intreo.ie)  
[www.citizensadvice.ie](http://www.citizensadvice.ie)

[www.wlr.ie](http://www.wlr.ie)

West Limerick Resources  
St Marys Road, Newcastle West  
069 62222  
[info@wlr.ie](mailto:info@wlr.ie)  
[www.wlr.ie](http://www.wlr.ie)

[www.facebook.com/WestLimerickResources](http://www.facebook.com/WestLimerickResources)